

Check & Connect Core Components and Elements Self-Assessment



Rating

1	2	3	4
<i>Not happening here.</i>	<i>Plans are in place to implement this, but it has not begun.</i>	<i>This is beginning to be implemented.</i>	<i>This is in place and we have evidence that it occurs.</i>

Components	Elements	Description	Rating			
Mentor	Relationship-building	Relationships with students and families are based in mutual trust and open communication and focused on promoting students' educational success.				
	Long-term commitment	Mentors make a two-year commitment to students and families which may involve following highly mobile youth and families from school to school and program to program within the district.				
	Persistence-Plus	The mentor is a persistent source of academic motivation, familiar with the youth and family (continuity), and provides the message that "education is important for your future" (consistency).				
Check	Systematic monitoring	Students' school adjustment, behavior, and educational progress are monitored weekly.				
	Focus on alterable variables	Data on indicators of disengagement (attendance, grades, behavior) that can be readily altered are collected and available to mentors.				
Connect	Problem solving	A cognitive-behavioral approach is used to promote the acquisition of skills to resolve conflict constructively and encourage the search for solutions rather than a source of blame.				
	Capacity building	Mentors foster productive coping, self-regulation, self-advocacy skills, and social and academic competencies, and diminish dependency on the mentor.				
	Personalized, data-based intervention	Timely interventions, driven by data, are implemented to re-establish and maintain the student's connection to school and learning.				
	Promoting participating and affiliation with school	Mentors facilitate student access to and active participation in school-related activities and events, and promote students' identity as learners.				
Engagement with families	Connect, partner, and engage with parents	The mentor engages with parents and strives to foster the parents' active participation with their child's education. Mentors work to establish a relationship and a routine communication system with families.				

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Check & Connect coordinators may use this form to assess implementation at their site.

Check & Connect is a comprehensive student engagement intervention developed at the Institute on Community Integration, University of Minnesota, and implemented by schools nationwide. For more information, visit checkandconnect.umn.edu.

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